Sexual Assault Resources
University 24/7 Emergency Contact: +1-217-333-1216
Insurance/Travel Assist: +1-866-693-6873
wecare.illinois.edu

Remote Mental Health Counseling Services
Insurance/Travel Assist: +1-866-693-6873

Accessing Insurance & Teledoc
1. Call +1-866-693-6873
2. Provide Policy # (on front)
3. Explain the situation
4. Request assistance*
5. Keep case number
6. Keep receipts

* Request local care or download Doctor Please! to quickly access teledoc support for minor injuries, illness, and infections.

Tips & Reminders
• Student Code applies to University-related travel.
• Local culture, laws, and legal systems vary greatly; carefully consider your actions and how locals may interpret them.
• Consider the risks of alcohol/drug use; never drink alone; drink responsibly and have a plan; always watch your drinks.
• In an incident, notify program staff when SAFELY able to do so; be responsible with social media and info sharing.
• Travel in groups/watch out for peers; inform others of plans.
• Remain vigilant; inform others if something does not seem right; trust your “safety” instincts; never leave peers behind.
• Create a family and friends contact plan; advise in advance if you will miss contact; keep your phone charged.
Contact Numbers
Program Leader # ________________________________
Local Provider/Support # ________________________________
Local Embassy # ________________________________
Local Police/911 # ________________________________
Local Hospital/Other # ________________________________
Friend/Peer on Program # ________________________________

University 24/7 Emergency Contact: +1-217-333-1216
24/7 response line for students, faculty, & staff abroad

University International Safety and Security Staff

<table>
<thead>
<tr>
<th>Andrew Collum &amp; Rachael Dean</th>
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<tbody>
<tr>
<td><a href="mailto:safetyabroad@illinois.edu">safetyabroad@illinois.edu</a></td>
</tr>
<tr>
<td>+1-217-333-6104 (M-F, 8-5)</td>
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<tr>
<td>safetyabroad.illinois.edu</td>
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International Insurance/Travel Assist
Policy Number: GLM N10893392
Phone: +1-312-935-9242 (Direct), +1-866-693-6873 (Toll Free)
Email: GallagherGlobalAssistance@ajg.com