

## **Sexual Assault Resources While Abroad**

University 24/7 Emergency Contact: **+1-217-333-1216**

Insurance/Travel Assist: **+1-866-693-6873**

[wecare.illinois.edu](http://wecare.illinois.edu)

## **Mental Health Resources While Abroad**

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## **Accessing Insurance While Abroad**

1. Call **+1-866-693-6873**
2. Provide Policy # (on front)
3. Identify issue
4. Request assistance
5. Keep case number
6. Keep receipts

## **Potential Steps for Incident Management**

- Quickly assess the situation
- Support colleagues by any necessary/reasonable means
- Obtain immediate emergency care as required
- As required, use the University 24/7 Emergency Contact, Insurance, U.S. Embassy, and/or police in appropriate order
- If no University contact, use best judgment and local advice
- Gather incident details and file a report with International Safety & Security
- Encourage responsible social media use and information sharing
- Update stakeholders as required
- Maintain your self-care routine to the best of your abilities

Local Contact # \_\_\_\_\_

Local Embassy # \_\_\_\_\_

Dept of State (24/7 Overseas Support): **+1-202-501-4444**

Local Police/911 # \_\_\_\_\_

Local Hospital/Other # \_\_\_\_\_

## General Safety Tips

- Register for STEP at [step.state.gov](http://step.state.gov)
- Register for Insurance at [safetyabroad.illinois.edu](http://safetyabroad.illinois.edu)
- Keep friends and family posted on your travel plans
- Consider the risks of alcohol/drug use; never drink alone
- Avoid walking alone, specifically in dark, non-touristy places

**I ILLINOIS**

International Safety & Security

**University 24/7 Emergency Contact: +1-217-333-1216**

*24/7 response line for students, faculty, & staff abroad*

## University International Safety & Security Staff

Andrew Collum & Rachael Dean

✉ [safetyabroad@illinois.edu](mailto:safetyabroad@illinois.edu)

☎ **+1-217-333-6104 (M-F, 8-5)**

🔗 [safetyabroad.illinois.edu](http://safetyabroad.illinois.edu)

## International Insurance/Travel Assist

Policy Number: **GLM N14287310**

Phone: **+1-312-935-9242** (Direct), **+1-866-693-6873** (Toll Free)

Email: [GallagherGlobalAssistance@ajg.com](mailto:GallagherGlobalAssistance@ajg.com)